

## ***Belgium***

### ***Spina bifida repair: another center in Belgium?***

Jan Deprest, Katrien Janssen<sup>2</sup>, Frank Van Calenbergh<sup>3</sup>

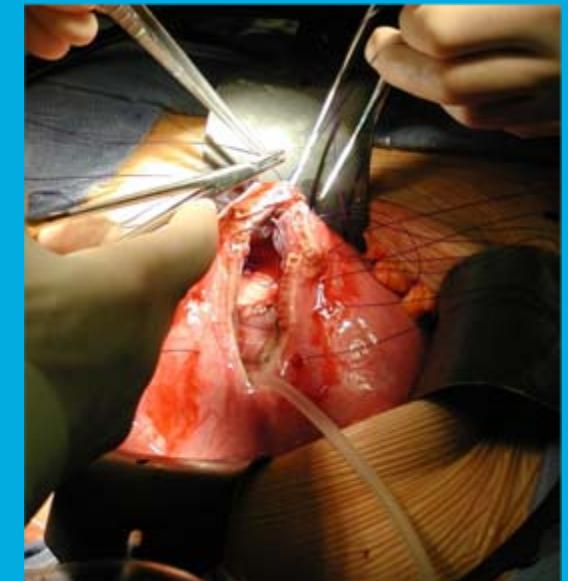
Roland Devlieger, Luc De Catte, Liesbeth Lewi, Tim Van Mieghem

Center for Fetal Medicine<sup>1</sup>, Pediatric Neurology<sup>2</sup>, Division Woman and Child

Department of Neurosurgery<sup>3</sup>

University Hospitals Leuven

Leuven, Belgium





# Belgium



**Brussels**  
**Capital Europe**



# Spina bifida in Belgium post-MOMS?



## 1. Is there a need ?

- a. Role of tertiary centers in the perinatal care of spina bifida centers
- b. Prenatal diagnosis and patient decisions in Belgium
- c. Position of our center: portfolio & numbers

## 2. Setting up a program - internal stake holders

- a. Pediatric neurology
- b. Neonatology
- c. Fetal & anesthesia team
- d. Why (not) an endoscopic approach (yet) ?

## 3. Setting up a program – external stake holders

- a. Referrals
- b. On site training
- c. Skill retention



# Spina bifida in Belgium post MOMS?



## 1. Is there a need ?

- a. Role of tertiary centers in the perinatal centers
- b. Prenatal diagnosis and patient decision
- c. Position of our center: portfolio & numbers

**S1: prenatal diagnosis, counselling and management in Belgium**

## 2. Setting up a program - internal stake holders

- a. Pediatric neurology
- b. Neonatology
- c. Fetal & anesthesia team
- d. Why (not) an endoscopic approach (

**S4: Fetal surgery in Leuven**

**S6: Fetoscopic repair (L Joyeux)**

## 3. Setting up a program – external stake holders

- a. Referrals
- b. On site training
- c. Skill retention

**S3: Referrals for suspected spina bifida in Belgium**



# Perinatal Management

- 3 tertiary centers (Gent, Brussels, Leuven) for lifelong care of the spina bifida patient
  - Multidisciplinary management
    - Pediatric & Adult Neurologist
    - Neurosurgeon
    - Orthopedic surgeon
    - Urologist
    - Large paramedical team
- Aims at centralization
  - Financial stimulus
  - TOP is legal





# Numbers



	Belgium	Flanders
Deliveries	<b>127,000 (current)</b>	<b>68,000 (current)</b>
NTD @ 8-9/10,000	<b>9 – 11 p.a.*</b>	<b>4-6</b>
Prenatal diagnoses	<b>(83%)*</b>	<b>83%*</b>
Patient decisions: TOP	<b>(89%)*</b>	<b>89%*</b>

Country	prenatal diagnosis (% of total)	GA at diagnosis	TOP (% of prenatally diagnosed)
Belgium	83%	16	89%
Croatia	80%	12	100%
Denmark	89%	16	88%
England Wales	94%	17	92%
France	94%	14	98%
Germany	90%	18	44%
Italy	87%	18	94%
Switzerland	83%	13	100%
Ireland	56%	22	0%***
Malta	25%	19	0%***
Spain	94%	16	98%
Netherlands	78%	31	29%
Total	88%	17	88%

Detection rate 80-94% (*Boyd, Eurocat, BJOG2008*)

Country	prenatal diagnosis (% of total)	GA at diagnosis	TOP (% of prenatally diagnosed)
Belgium	83%	16	89%
Croatia	80%	12	100%
Denmark	89%	16	88%
England Wales	94%	17	92%
France	94%	14	98%
Germany	90%	18	44%
Italy	87%	18	94%
Switzerland	83%	13	100%
Ireland	56%	22	0%***
Malta	25%	19	0%***
Spain	94%	16	98%
Netherlands	78%	31	29%
Total	88%	17	88%

Detection rate 80-94% - termination rates variable (Boyd, Eurocat, BJOG2008)

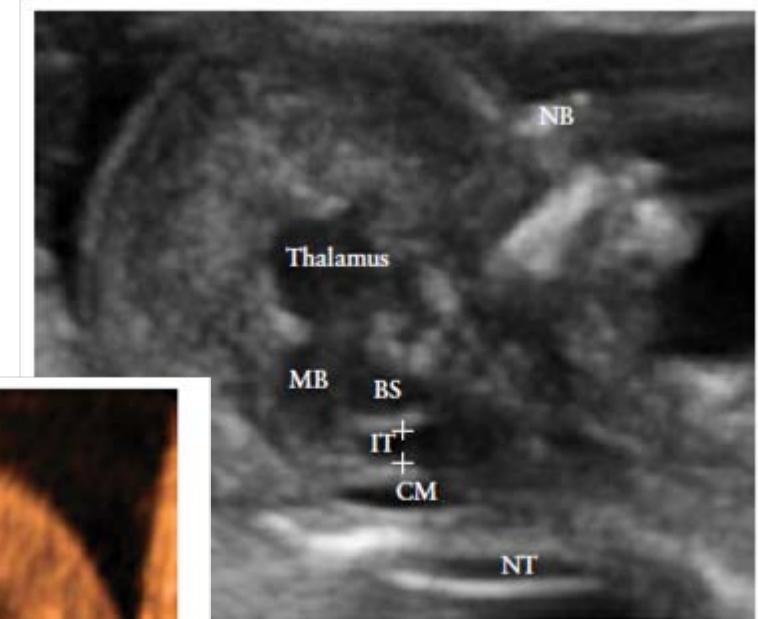


# Prenatal screening (1st trimester)

From nuchal translucency to intracranial translucency: towards the early detection of spina bifida

R. CHAOUI†\* and K. H. NICOLAIDES‡

*Ultrasound Obstet Gynecol* 2010; 35: 133–138



**c**



# Numbers in the wider area



*Ovaere et al, Fet Diagn Ther 2014*

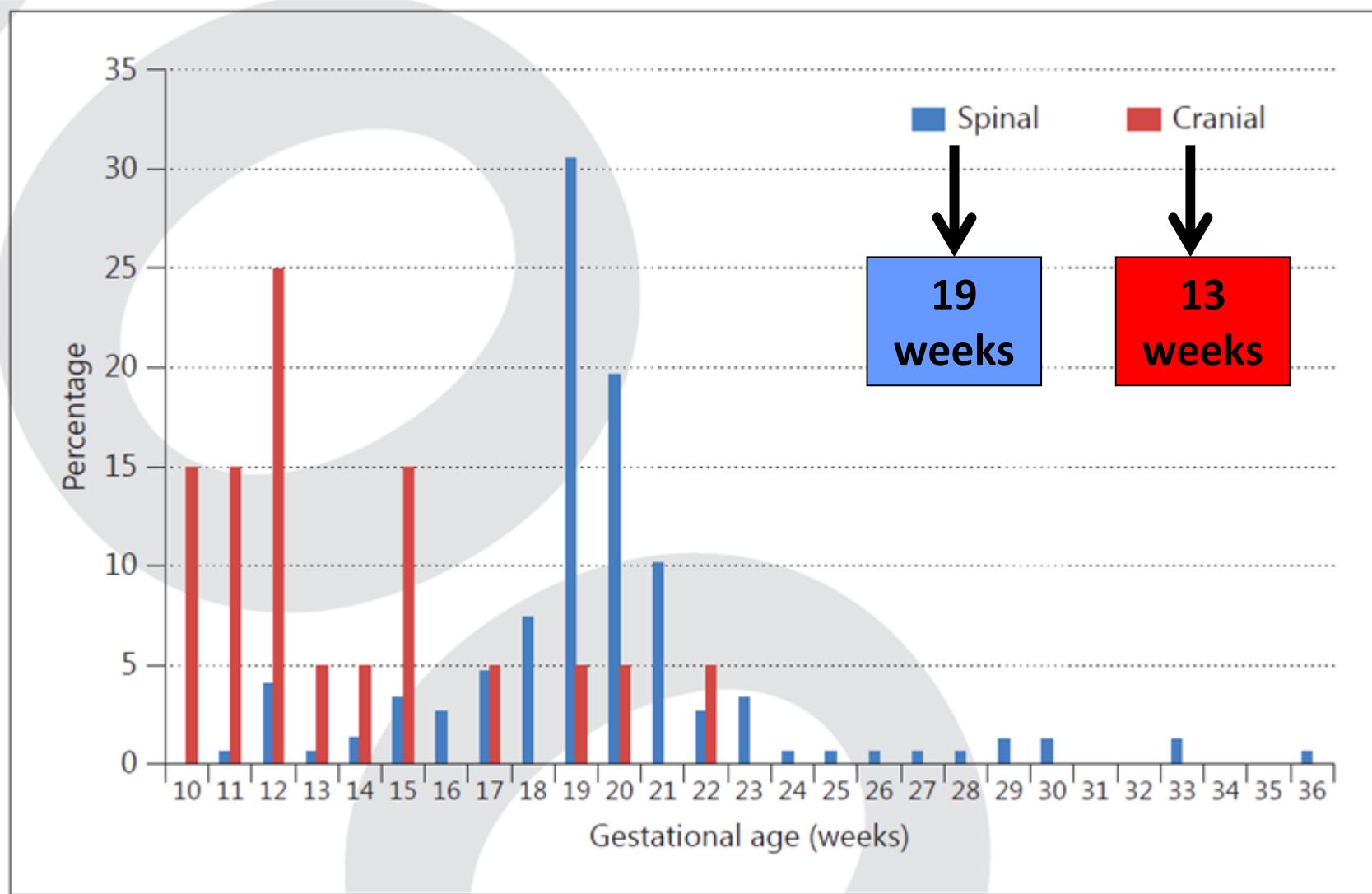
- 2006-2013: review 2 tertiary centers  
Rotterdam-Leuven ( 8 years)
- 167 (20/yr) women with NTD @ 19 wks



# Recent Review Belgium & Netherlands



## Gestational age at evaluation *(Ovaere, et al. Fet Diagn Ther 2014)*

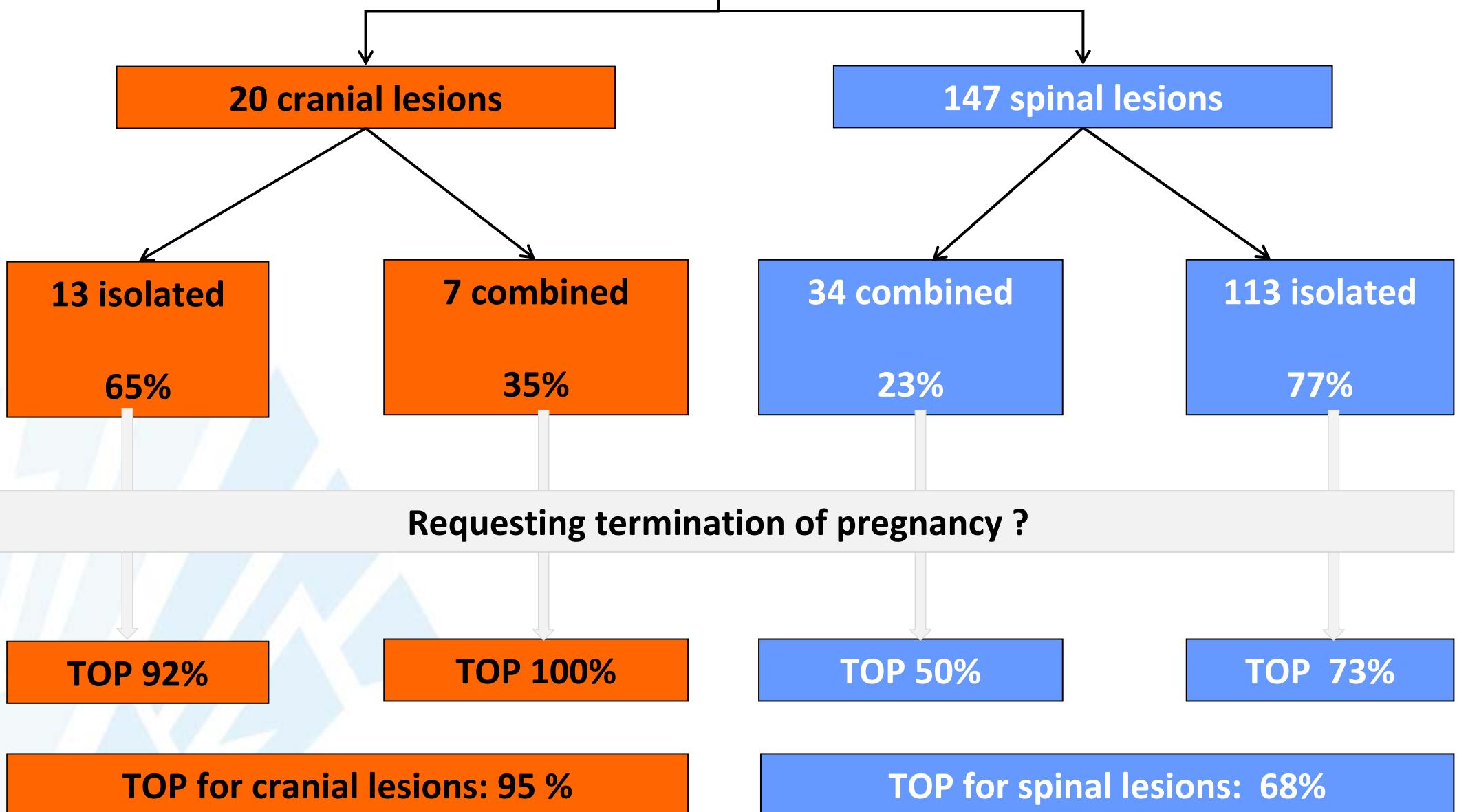




# Spinal lesions

	Aperta (n = 141)	Occulta (n = 6)	p value
Gestational age at initial diagnosis, weeks	19 (11–36)	19 (17–23)	
<i>Nonisolated NTD</i>	32 (23%)	2 (33%)	
Structural or genetic defects			
Cardiovascular	1		
Trisomy/triploidy	3		
Body stalk anomaly	3		
Urinary tract	4		
Diaphragmatic hernia	1		
Unrelated brain anomalies	4	1	
Abdominal wall	2		
Cheilo-gnatho-palatoschisis	1		
Nonstructural anomalies (IUGR, oligoanhydramnios)	3		
<i>Isolated NTD</i>	109 (77%)		
Upper level of the defect <sup>1</sup>		<b>10-11 p.a.</b>	
≥L3	57%	0%	0.015
L4–L5	33%	50%	
≤S1	10%	50%	
Vertebrae, n	5 (2–18)	3 (1–7)	
Hydrocephalus	72%	0%	0.0077
ACM	95%	0%	<0.0001
In utero management			0.0005
TOP	76%	0%	
Expectant	22%	100%	
Fetal Surgery	1%	n.a.	
Unknown	1%	0%	

167 referrals for NTD

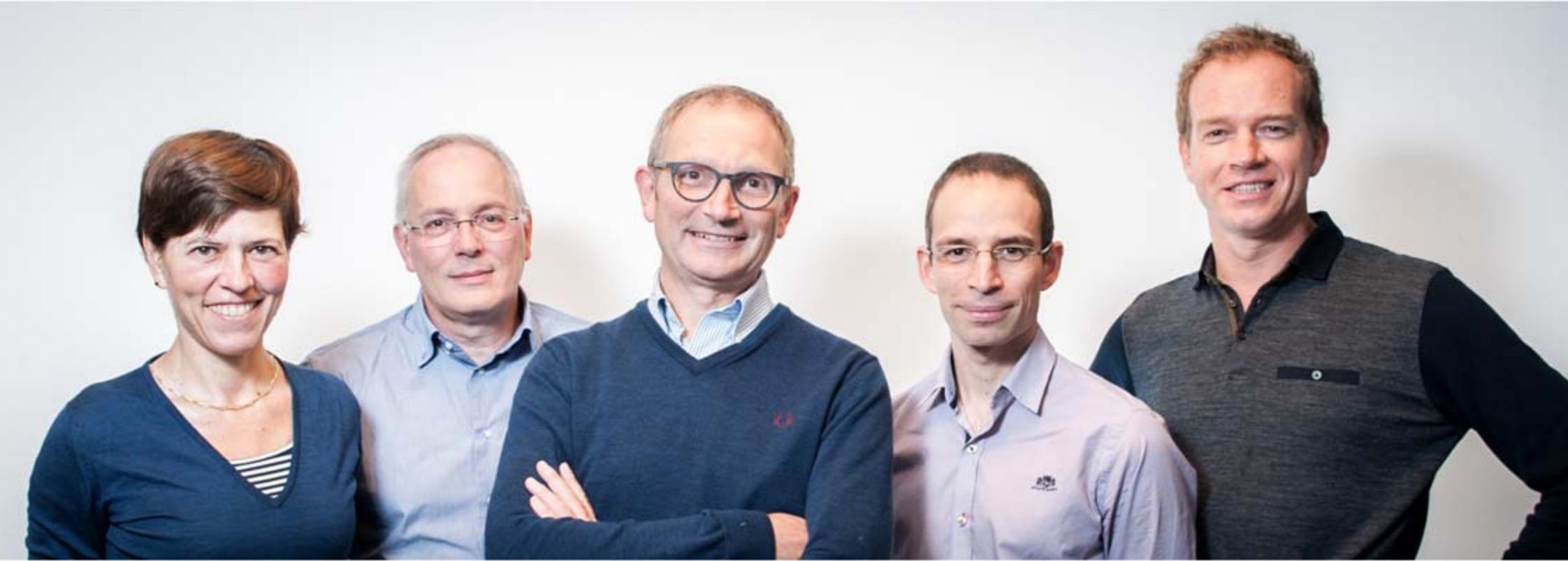




# The fetal team wondered ...



10-11 p.a. becomes 3-4 p.a.



JE SUIS  
CHARLIE

The Fetal Medicine Team Leuven



# Leuven as fetal surgery center



- Certain diagnosis
- Predictable natural history
- Treatment cannot wait
- Experimental basis therapy required

*International Fetal Medicine  
and Surgery Society - 1991*

## Obstetrical Endoscopy

- Placental surgery in monochorionic twins:
  - Twin to Twin Transfusion Syndrome
  - Discordant anomalies
- Umbilical Cord occlusion
- Amniotic Band Syndrome

## Fetal Surgery

### Lethal conditions:

- Operations on Placental Support
- Congenital Diaphragmatic Hernia
- Sacrococcygeal teratoma
- Lung Masses
- Cardiac anomalies

### Non-lethal conditions

- Myelomeningocele (spina bifida) ?



# EXIT



Oepkes &  
Deprest,  
UOG 2003

Chaos Syndrome

JE SUIS  
CHARLIE



Contact: [jan.deprest@uzleuven.be](mailto:jan.deprest@uzleuven.be)